



HIGHLIGHTS

Resistance	1% to 62% of bodyweight
Levels	22 calibrated incline levels, with release lever to lock rails into place
Squat Stand	Three height levels
Storage	Hydraulic lift assists folding Rolls upright
User Height	Up to 6'10" (2.1 m)
Capacity	Maximum total 650 lbs (295 kg) User weight 350 lbs (160 kg)

PRODUCT SPECIFICATIONS

In Use	108" x 38" x 69" [L/W/H] (2.7 m x 1.0 m x 1.8 m)
Folded	20" x 38" x 56" [L/W/H] (.5 m x 1.0 m x 1.4 m)
Unit Weight	180 lbs (81.65 kg)
Rail Construction	Steel reinforced extruded aluminum rails
Accessories	Visit TotalGym.com

The Total Gym GTS® is the award-winning equipment anchor for GRAVITY®, the time-efficient, personal training, group fitness and Pilates program that is generating excitement and new revenue in commercial facilities around the world.

1. Adjustable glideboard promotes optimal spinal alignment and training variations..
2. Automatic rail locks allow for explosive plyometric jumping.
3. Hydraulic rail lift assists level changes and easy two-step folding.
4. Multiple center-pulley attachment positions double arm-cable load and increase lower extremity ROM.
5. LAT bars promote line-of-pull specificity for arm-cable exercises.
6. Includes workout DVD and exercise wall chart.
7. Most popular accessories include SCRUNCH®, Press Bar, Retractable Dip Bars, Weight Bar, 3Grip Pull-up Bar, Dynamic Leg Pulley System, Toe Bar for Pilates.

WARRANTY

Frame - 5 years; Parts & Upholstery - 1 year; Foam & Rubber - 90 days