

PowerTower[®]



HIGHLIGHTS

Resistance	1% to 72% of bodyweight
Levels	26 calibrated incline levels, with infinite adjustment between levels
Squat Stand	Three height levels
Storage	Hydraulic lift assists folding Rolls upright
User Height	Up to 6'10" (2.1 m)
Capacity	Maximum total 650 lbs (295 kg) User weight 350 lbs (160 kg)

PRODUCT SPECIFICATIONS

In Use	108" x 38" x 80" [L/W/H] (2.7 m x 1.0 m x 2.0 m)
Folded	20" x 38" x 65" [L/W/H] (.5 m x 1.0 m x 1.7 m)
Power	110~220 VAC; 50~60 Hz
Unit Weight	218 lbs (99 kg)
Rail Construction	Steel reinforced extruded aluminum rails
Accessories	Visit TotalGym.com

The Total Gym PowerTower™ allows incremental load changes during exercise, providing the utmost versatility for high-performance sports-specific conditioning, athletic training and rehabilitation.

1. Motorized level adjustment improves client access to glideboard and ease of transitions between exercises.
2. Remote control handles allow touch-control level adjustments while exercising.
3. Adjustable glideboard promotes optimal spinal alignment and training variations.
4. Automatic rail locks allow for explosive plyometric jumping.
5. Multiple center-pulley attachment positions double arm-cable load and increase lower extremity ROM.
6. LAT bars promote line-of-pull specificity for arm-cable exercises.
7. Includes workout DVD and exercise wall chart.
8. Most popular accessories include SCRUNCH[®], Press Bar, Retractable Dip Bars, Weight Bar, 3Grip Pull-up Bar, Dynamic Leg Pulley System, Toe Bar for Pilates.

WARRANTY

Frame - 5 years; Parts & Upholstery - 1 year; Foam & Rubber - 90 days; Motor - 2 years